



A PRESENTATION OF THE
HOWARD COUNTY OFFICE ON AGING
DEPARTMENT OF CITIZEN SERVICES

THE CAREGIVING JOURNEY

Strategies • Support • Success

Celebrate National Caregiver Month at the Howard County 4th Annual Caregiver Conference

Saturday, November 14, 2015 • 8:00 AM - 3:00 PM

North Laurel Community Center, 9411 Whiskey Bottom Road, Laurel, MD 20723

Welcome & Opening Remarks County Executive Allan H. Kittleman

Executive Kittleman will share his vision for creating an age-friendly community and how the role of the caregiver is an integral part of this high-priority initiative in Howard County.

Also, as part of our annual continuing education series for caregivers, track highlights include:

KEYNOTE ADDRESS: Taking Care of the Caregiver
Barbara Catlin, Executive Director, Bigger Conversations

WORKSHOP TRACKS:

- Caregiving Basics • Legal 101 • Palliative Care • Relationship Changes
- Managing Someone Else's Money • Managing Challenging Behavior
- Activities for Individuals with Cognitive Issues • Coping with Loss and Grief
- Alternate Long-Term Care Living Options

Registration Deadline for Conference and Respite: Monday, Nov. 9

\$10/person (partial scholarships
may be available)

Includes continental breakfast; lunch; seminars and handouts; access to 20 industry-relevant exhibitors; goody bag for all attendees and multiple chances to win great door prizes!

Plus, FREE On-Site Respite Provided!

Register in one of three convenient ways:

- Online at
www.howardcountyaging.org/caregiver
- At your local **Howard County 50+ Center**
- Contact **Lisa Chaney** at
410-313-5952 (VOICE/RELAY)

If you need this document in an alternative format or need accommodations to attend this event, contact Maryland Access Point (MAP) at 410-313-5980 or map@howardcountymd.gov